

Helping your child stay safe  
online.

# Practical tips to help keep your child safe online.

- Ask them to show you which social media apps they use and what they like about them. Talk about how they use them and what makes them so engaging
- Explain how you can use privacy settings to make sure only approved friends can see posts & images
- Check if any of their apps have 'geo-location' enabled, sharing their location unintentionally
- Show them how to report offensive comments or block people who upset them
- Check 'tagging' settings so that when others are posting or sharing photos online, your child's identity is not revealed. Also, get people's consent before sharing photos
- Encourage your child to come and talk to you if they see anything that upsets them

## **Keep talking- remind your child:**

- People may not always be who they say they are online: how can this create problems?
- Why is it unwise to meet anyone in the real world that you've only ever met online?
- Even if you think your messages are private, remember that words and images can always be captured and broadcast.
- People present themselves differently online - do they really look like that? Are they always having that good a time?
- Be aware that screens, and especially being anonymous, can lead people to say things they wouldn't say to someone's face.
- What does being a good friend and a likeable person online look like?
- There can be pressure to be part of a particular group online or to be seen to be following a certain set of ideas
- How can you take a step back and make your own decisions?

## For more information, please see:

- [www.childnet.com/sns](http://www.childnet.com/sns)
- [www.internetmatters.org](http://www.internetmatters.org)
- [www.nspcc.org.uk/onlinesafety](http://www.nspcc.org.uk/onlinesafety)
- [www.parentzone.org.uk](http://www.parentzone.org.uk)
- [www.parentzone.org.uk](http://www.parentzone.org.uk)]([www.parentzone.org.uk](http://www.parentzone.org.uk))
- [www.askaboutgames.com](http://www.askaboutgames.com)
- <https://fis.peterborough.gov.uk/kb5/peterborough/directory/site.page?idMpkyOq9S11s>

On our website: <https://www.eyrescroft.peterborough.sch.uk/page/?title=Home+Learning+Support&pid=420>

From Elliot:

<https://sites.google.com/elliottfoundation.co.uk/safeguarding-webpage/peterboroughcambridge-support>